EAT SMART WITH THE LUNCH BUNCH

WEEK BEGINNING: 6TH OCTOBER, 3RD NOVEMBER, 1ST DECEMBER, 5TH JANUARY, 2ND FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains Oven-baked Fish Fingers - Or - Spanish Chicken & Rice **Side Dishes** Garden Peas & Steamed Sweetcorn Chipped Potatoes & Baked Potato **Dessert** Chocolate Mousse & Mandarin Oranges	**Mains** Beef Bolognese - Or - Homemade Healthy Margherita Pizza with Fresh Salad **Side Dishes** Steamed Broccoli & Coleslaw Pasta Spirals & Baby Potatoes **Dessert** Apple Sponge & Custard	**Mains** Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Baked Chicken & Vegetable Wrap with Fresh Salad **Side Dishes** Baton Carrots & Garden Peas Steamed Rice & Mashed Potatoes **Dessert** Vanilla Ice Cream & Pear Chunks	**Mains** Roast Beef & Yorkshire Pudding with Stuffing & Gravy - Or - Salmon with a Creamy Dill & Cheese Sauce **Side Dishes** Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes **Dessert** Carrot Cake Slice	**Mains** Hot Dog with Tomato Ketchup - Or - Cheesy Bean Burrito with Fresh Salad **Side Dishes** Mini Corn on the Cob & Baked Beans Chipped Potatoes & Baked Potato **Dessert** Yoghurt & Chopped Fruit

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABLIITY

EAT SMART WITH THE LUNCH BUNCH

WEEK BEGINNING: 13TH OCTOBER, 10TH NOVEMBER, 8TH DECEMBER, 12TH JANUARY, 9TH FEBRUARY.

MONDAY

Mains

Oven-baked Fish Goujons with Lemon Mayo
- Or -
Creamy Garlic Chicken & Mushroom Pasta

Side Dishes

Diced Carrots & Garden Peas
Crispy Herb Diced Potatoes & Mashed Potatoes

Dessert

Flakemeal Biscuit & Melon Wedge

TUESDAY

Mains

Traditional Savoury Mince
- Or -
Homemade Healthy Margherita Pizza with Fresh Salad

Side Dishes

Broccoli & Roasted Butternut Squash
Mashed Potatoes & Roasted Potato Wedges

Dessert

Chocolate & Pear Sponge Cake & Custard

WEDNESDAY

Mains

Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread
- Or -
Quorn Dippers

Side Dishes

Garden Peas & Sweetcorn
Steamed Rice & Baby Potatoes

Dessert

Date Krispie & Orange Wedge

THURSDAY

Mains

Roast Chicken with Stuffing & Gravy
- Or -
Vegetarian Cottage Pie

Side Dishes

Fresh Selection of Vegetables in Season
Oven-baked Roast Potatoes & Mashed Potatoes

Dessert

Vanilla Ice Cream Roll & Peaches

FRIDAY

Mains

Beef Burger with Tomato Ketchup
- Or -
BBQ Pulled Pork and Cheese Panini

Side Dishes

Baked Beans, Coleslaw & Salad
Chipped Potatoes & Baked Potato

Dessert

Strawberry Yoghurt & Chopped Fruit

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABLIITY

EAT SMART WITH THE LUNCH BUNCH

WEEK BEGINNING: 20TH OCTOBER, 17TH NOVEMBER, 15TH DECEMBER, 19TH JANUARY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains Oven-baked Fish Fingers - Or - Kung Pao Chicken **Side Dishes** Roasted Peppers & Sweetcorn Chipped Potatoes & Steamed Fluffy Rice **Dessert** Apple and Winter Berry Crumble & Custard	**Mains** Beef Bolognese - Or - Homemade Healthy Margherita Pizza with Fresh Salad **Side Dishes** Steamed Broccoli & Coleslaw Oven-roasted Potato Wedges & Pasta Spirals **Dessert** Strawberry Jelly & Mandarin Oranges	**Mains** Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Breast of Chicken with Gravy **Side Dishes** Garden Peas & Baton Carrots Steamed Rice & Mashed Potatoes **Dessert** Homemade Chocolate Brownie & Custard	**Mains** Roast Gammon with Stuffing & Gravy - Or - Vegetarian Sausages with Onion Gravy **Side Dishes** Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes **Dessert** Popcorn Biscuit & Melon Wedge	**Mains** Southern Fried Chicken Goujon & Salad Wrap with Taco Sauce - Or - Baked Potato with Beef Chilli, Cheddar and Coleslaw **Side Dishes** Mini Corn on the Cob & Baked Beans Chipped Potatoes & Baked Potato **Dessert** Frozen Fruit Smoothie & Fruit Tub

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABLIITY

EAT SMART WITH THE LUNCH BUNCH

WEEK BEGINNING: 27TH OCTOBER, 24TH NOVEMBER, 22ND DECEMBER, 26TH JANUARY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains Cod Fish Bites with Mayo Dip - Or - Penne Pasta with Roasted Tomato and Red Pepper Sauce **Side Dishes** Garden Peas, Coleslaw & Carrot Sticks Chipped Potatoes & Mashed Potatoes **Dessert** Strawberry Mousse & Two Fruits	**Mains** Traditional Irish Stew with Wheaten Bread - Or - Oven-baked Pork Sausages **Side Dishes** Broccoli & Baked Beans Mashed Potatoes & Baked Potato **Dessert** Steamed Chocolate Pudding & Custard	**Mains** Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Roast Chicken Wrapped in Bacon with BBQ Sauce **Side Dishes** Sweetcorn & Ratatouille Steamed Rice & Champ **Dessert** Homemade Cookie & Orange Wedge	**Mains** Roast Turkey with Stuffing & Gravy - Or - Quorn Fillet with Creamy Cajun Sauce **Side Dishes** Fresh Selection of Vegetables in Season Oven-baked Roast Potatoes & Mashed Potatoes **Dessert** Chocolate Cracknel & Fruit Tub	**Mains** Homemade Margherita or Mini Meatball Pizza - Or - Veggie Nuggets with Tomato Ketchup **Side Dishes** Sweetcorn, Coleslaw & Salad Chipped Potatoes & Baked Potato **Dessert** Frozen Yoghurt Pot & Melon Wedge

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABLIITY